



Empowering the Next Generation of Restaurant Leaders



ProStart is a nationwide program for high school students that focuses on developing the next generation of restaurant and foodservice leaders. The program is industry-driven, combining culinary arts and restaurant management training to build practical skills. ProStart provides students a platform to discover new interests while highlighting successful career opportunities across the industry.

PROGRAM BENEFITS

- › Students participate in a two-year curriculum, take two national exams, complete a minimum of 400 hours of industry work experience and demonstrate mastery in employability skills
- › ProStart graduates are eligible to receive the National ProStart Certificate of Achievement (COA), a post-secondary and industry-recognized certificate that can result in scholarships and credits towards apprenticeship, academic and work experience

THE NATIONAL PROSTART INVITATIONAL

Each year, 400+ ProStart students advance from state-level competitions to compete at the National ProStart Invitational (NPSI), the country's premier high school competition for restaurant management and culinary arts. The competition showcases top talent and connects the students with leading companies, industry influencers, celebrity chefs and colleges and universities.

KEY STATS

165,000

Students in

1,850

Schools

Across all 50 states, the District of Columbia and the Territory of Guam

Program Participants:

1 Million

Students Over

23 Years



National Funding from the NRAEF, State Restaurant & Hospitality Associations, Industry Organizations & Foundations



Teacher Recognition Through the Annual ProStart Educators of Excellence Awards

Get Involved!

To learn more about ProStart, visit ChooseRestaurants.org/ ProStart or email ProStart@nraef.org.

ChooseRestaurants.org